



**State of Minnesota
City of Oakdale**

Proclamation

WHEREAS, suicide is a national public health challenge that causes immeasurable pain among individuals, families, and communities across the country; and

WHEREAS, more than 800 lives are lost in Minnesota each year; and

WHEREAS, suicide is a top leading cause of death for people ages 10 to 24; and

WHEREAS, on average, 135 Americans die by suicide each day, and over 1.5 million attempt suicide each year; and

WHEREAS, public awareness of this tragic problem is key to preventing further suffering and loss of life; and

WHEREAS, the risk for suicide can be reduced through awareness, education, and treatment; and

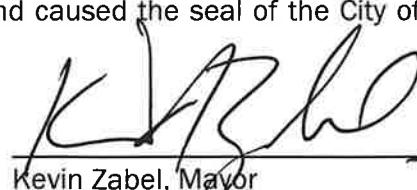
WHEREAS, everyone in the community can play a role in preventing suicide and are encouraged to know the signs, find the words, and reach out; and

WHEREAS, depression is a treatable illness, and approximately 80 percent of people who seek help for depression experience improvement when treated with therapy and/or medication; and

WHEREAS, support is available by calling the National Suicide and Crisis Lifeline at **988** or 1-800-273-8255, or by texting "HOME" to the crisis text line at 741741.

THEREFORE, I, Kevin Zabel, the Mayor of Oakdale, Minnesota, hereby proclaim September as "Suicide Prevention Awareness Month".

IN WITNESS THEREOF: I have hereunto set my hand and caused the seal of the City of Oakdale to be affixed on this 26th day of August, 2025.



Kevin Zabel, Mayor